



What's next for you? The Pie, Cake & Parfait Exercise

If you're thinking about switching careers, there are countless possibilities. But how will you decide?

The Pie, Cake & Parfait Exercise can help you zoom in on your top priorities.



Pie

What kinds of things are as easy as pie for you to do?

Cake

What would make work extra great and be the icing on the cake in your new job or career?

Parfait

Using the following elements of a potential job or career, build your Career Parfait.

- Purpose
- Connection
- Recognition
- Schedule
- Growth
- New skills
- Challenge
- Enjoyment
- Compensation
- Location
- Structure
- Control
- Ownership
- Creativity
- Impact



Nice to Have

Nice to Have

Medium Priority

Medium Priority

High Priority

High Priority

Foundational



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Next Steps

Use your conclusions from the previous page to build out your ideal career situation. Then try to identify a job or career that matches as many of these characteristics as possible.

If we can help you decide what's next for you, please reach out to us at jill@aviatra.org.

We wish you luck on your career adventure!